

Abraham on financial abundance

“All the breaks you need in life wait within your imagination. Imagination is the workshop of your mind, capable of turning mind energy into accomplishment and wealth. ”

– Napoleon Hill

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What about creating a very obvious positive current of financial abundance?

What about getting so good at visualizing that the money flows through you easily?

What about expending money?

Giving more people work?

Giving more people opportunity?

The more you spend, the more people benefit, and the more people get in on the game and dovetail with you.

Your role is to utilize the Energy.

That’s why you exist.

You are an Energy-flowing being, a focuser, a perceiver.

You are a Creator.

There is not anything worse in all of the Universe to do than to come forth into the environment of great contrast where desire is born easily and not allow Energy to flow to your desire.

That is a true squandering of life.

If you want financial abundance, you have to let it in!

When you feel good, you’re letting it in!

Nothing is more important than that you feel good.

Optimism brings you so much; pessimism keeps it from coming.

Eagerness brings you so much; disappointment keeps it from coming.

Happy anticipation brings you so much; discouragement keeps it from coming.

Joy and love and appreciation bring you so much, while anger and depression and fear keep it from coming.

It’s a big question folks. Are you letting it in? ■

Financial Abundance
Abraham
Daily Quotes
from the Abraham-Hicks Website

“An individual who breaks a law that conscience tells him is unjust, and who willingly accepts the penalty of imprisonment in order to arouse the conscience of the community over its injustice, is in reality expressing the highest respect for the law.” – Martin Luther King, Jr.

POSSIBLE NEW TOOL TO **fight colon cancer**

A *colonoscopy* is a test that is conducted to detect the presence of suspicious polyps in the colon, which can be removed immediately before they turn cancerous. It utilizes a colonoscope—a long, thin, flexible tube with a tiny fiber-optic video camera and light on one end.

A virtual colonoscopy involves the use of a CT scan instead of a colonoscope to examine the colon. It can detect suspicious polyps, but a “regular” colonoscopy will be needed to remove them.

What both of these methods have in common is aggressive bowel-cleansing prep that must be done the day before so medical personnel are able to see the inside of the colon more clearly when the tests are performed. Many people have a strong aversion to this, for obvious reasons, but shunning a colon check can have deadly consequences.

There may soon be another option.

A *laxative-free virtual colonoscopy* may hold wider appeal for many. With this test, a patient drinks small amounts of a contrast agent at mealtime. This chemical “tags” the stool in the colon. Computer software can then detect the stool that’s been tagged and remove it from the CT scan image. What remains is a 3D image of the colon wall that can be searched for polyps.

This test is as accurate as a traditional colonoscopy. However, if questionable polyps are discovered, a regular colonoscopy will be necessary. But, the laxative part of the equation is rendered moot, and wind sprints to the bathroom are eliminated, so to speak.

This test shows promise, but more research still needs to be done to realize its full potential. ■

WHEN BICYCLISTS AND MOTORISTS **intersect**

While only 11 percent of bicycle accidents involve a collision with a car, about 45 percent of those take place at intersections.

In almost every state, a bicycle is considered a vehicle. That means a bicyclist must follow the same rules of the road as motorists. Bicyclists come with some inherent disadvantages. First, psychologically, the bigger the vehicle, the more entitled a driver may feel. Second, because a bicycle is smaller, it is less visible, making a cyclist more susceptible to being struck or forced off the road.

Bicyclists can increase their safety quotient by taking a few proactive measures:

Increase your visibility. Use front and rear lamps, and dress in brightly colored, reflective clothing.

Be on the lookout. This is a good idea for bicyclists and motorists alike. Anticipate trouble by looking a second or two ahead.

Ride defensively. Assume the other person doesn’t see you and react accordingly. Being aggressive when someone doesn’t

know you’re there is not a good combination.

One good example of being on the lookout and riding defensively is when a car passes you on the left as you approach an intersection. The car, after passing, then has to slow down before making a right-hand turn. If you continue riding and are oblivious to the situation, you will likely catch up to the car and then be cut off, or hit, when the car turns right.

Learn emergency maneuvers to avoid collisions. There are various print and online booklets that can steer you in the right direction.

Follow the rules, stay alert, and use common sense when bicycling. Look out for yourself; you might be the only one doing so. ■



improve your chances

IN AN AUTO ACCIDENT CASE

Seek medical attention as soon as possible. If you've been in an auto accident and are seeking compensation, it's difficult enough without getting in your own way. Heed the following to improve your odds:

Don't sign away your rights. Do not sign anything until you've talked to your auto accident attorney. Even basic, seemingly harmless forms may contain fine print that escapes your attention, creating unforeseen problems.



Document your injuries. Anytime you have visible injuries or undergo surgery, take photographs or videotape. These can be indispensable aids in getting your point across to a jury or insurance adjuster.

Be wary of what you post, or have posted, on Facebook and other social networking sites. Defense attorneys and insurance adjusters will be looking for “evidence” that will contradict your claims. Even photos posted prior to your injury can plant seeds of doubt in a jury's mind.

Don't underestimate the other guy's auto insurance company. You're likely to become quite popular with the other party's insurance company. You may be under video surveillance at some point, and private investigators might be hired to shadow you—hoping to twist something out of context to sway a jury.

Be polite and respectful. Swallow hard... insurance adjusters are people too. If you are rude, they'll be that much more difficult to work with.

Stick close to your auto accident attorney. He or she is there to help you and clear up any confusion. Utilize their expertise.



did you know?

According to a survey conducted by the online travel agency Expedia, the average American earned 18 vacation days in a recent year but only used 14 of them. Respondents from European countries that took part in the survey indicated both more vacation days earned and used than their American counterparts. French workers were number one on the list with an average of 37 vacation days earned and 35 used.

Looks like Americans might be missing out in other ways as well by not taking their vacations. Many health care professionals espouse the benefits of vacations, citing a decreased risk of heart disease, reduced stress, and improved reaction times. ■





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improve your chances

IN AN AUTO ACCIDENT CASE



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For comments, questions and to update your information or remove yourself from our mailing list email us at info@sherylburke.com. We love to hear from you!

death in the family?

An executor is charged with carrying out the final wishes of the deceased regarding their estate. If you are asked to be someone's executor, or were listed in the will as executor, it is a serious undertaking requiring time and effort. You have the right to refuse if you don't want to take it on.

Some of the main responsibilities of an executor include:

- First, you will be officially sworn in at the courthouse when the will is admitted to the court. Your estate attorney will accompany you and guide you through the entire estate process. Essentially, you sign in, take an oath to follow the law in managing the estate, and off you go.
- Your next order of business is to set up an estate account. Immediately secure all assets of the deceased – bank accounts, CDs, bonds, IRAs, stocks, insurance papers, and any other monetary assets.

- Secure the residence of the deceased and make sure family members don't loot the place. A few items taken here and there, within reason, is OK, but exercise good judgment. Cars and other high-ticket parts of the estate must remain undisturbed until they're sold.
- Pay all outstanding debts, continuing bills, and taxes of the deceased from the estate account. Cancel credit cards, leases, and magazine subscriptions. Inform necessary government agencies, such as Social Security, Medicare, and the post office, among others, of the death.
- Determine the legal heirs of the deceased. This is usually straightforward, but complications occasionally arise (e.g., a child born out of wedlock emerges to stake their claim).

An executor is entitled to an executor's fee, paid out of the estate. You may waive the executor fee if you wish (which is more likely if the executor is a beneficiary of the will). ■

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