

S. Burke Law's Favorite Quotes



"You cannot build a deep connection with someone who is disconnected with themselves."

~**Yung Pueblo**

"You are not required to set yourself on fire to keep other people warm."

~**Motivation 2 Inspire**

"I'm cool with failing so long as I know that there are people around me that love me unconditionally."

~ **Dave Chappelle**

"Darkness cannot drive out darkness; only light can do that.
Hate cannot drive out hate; only love can do that."

~**Martin Luther King, Jr.**

"Clarity is power."

~ **Tony Robbins**

"The real secret of magic is that the world is made of words, and that if you know the words that the world is made of you can make of it whatever you wish."

~ **Terence McKenna**



February 2022



Date Ideas For Your Valentine's Day



Valentine's Day is around the corner, and many of you may be wanting to plan something nice for yourself or someone special. The day of love is the perfect time to intentionally show how much you appreciate the love present in your life. Valentine's is often geared towards romantic love, but it doesn't have to be limited to it. You can celebrate this day with lovers, friends, or family.

The point is to share and express love. There are so many ways you can do this. Here are a few Valentine's Day ideas for celebrating the day:

Paint and Sip.

Attend a paint and sip class, or you can create your own experience at home if you would rather not be out right now. All you need is canvases, paint, your favorite bottle of wine or beverage of choice, and space to set up. Set the ambiance and enjoy.

Dinner and a Movie.

This can also be done at home, or you can pick up takeout and head over to the drive-in movie theater.

Ice Skating/Roller Skating.

For those of you who like to get active, Ice skating is a great way to have some fun in the name of love.

Spa Day.

Who doesn't love the spa?! Plan a nice and relaxing visit to the spa of your choice and receive 5-star treatment.

Staycation.

Not all adventures include a flight. Staying local and enjoying the perks of what the city has to offer can be an adventure too. Book a hotel, create an itinerary, and make a weekend out of it.

Rideshare Safety Advisory

Uber has faced hundreds of lawsuits related to sexual assault and abuse allegations. Many women have reported feeling uncomfortable during their rides due to drivers being inappropriate. This has also transpired on the other end when it comes to female drivers and male passengers.

There are a lot of women who are apprehensive about taking rideshare at all, and they have every right to be. Fairly recently, Uber updated their safety protocols by having a more in-depth vetting process for drivers and adding more accessible ways to get help within the app.



However, is that enough? Your rideshare experience can be a toss-up at any point of the day, but women should be extra careful when traveling at night. It's crucial to stay alert and watch for any weird behavior.

Here are a few tips for staying safe while using Uber or Lyft:

Share your location with someone you trust.

This way, someone will know where you are at all times while you are out. You can do this through the app as well as through your iPhone.

Make sure the child lock is not on the door.

You can do this by opening and closing the door as soon as you get inside or by actually checking the side of the door before entering.

Sit in the back seat.

Do not sit in the passenger seat of an Uber or Lyft vehicle. There isn't any reason to do so and if a driver tries to lure you to the front, call a new driver. It may be inconvenient, but your safety is more important.

Try not to take Uber or Lyft at night.

If you have the option, try not to use rideshare at night, at least not alone.

Pay attention to your surroundings.

Stay alert while in the vehicle until you have safely arrived at your destination.

Rideshare can be very convenient. Unfortunately, select individuals have ruined the experience. If you use rideshare, just be sure to put into place as many protective measures as you can.



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CALL US TODAY FOR A FREE CONSULTATION!

Request your 2022 Calendar TODAY Courtesy of the Law Office of Sheryl Burke!

Our 2022 calendars have arrived and man are they swanky!!!

Start 2022 off right with your own complimentary calendar from attorney Sheryl Burke!

If you would like to request a calendar, give us a call at 404-941-1921 or email us with your name, and address including zip code to gabrielle@sherylburke.com!



Please note: Due to COVID-19, we are seeing clients by appointment only. We are not accepting walk-ins at this time. Please call our office if you have any questions or would like to schedule a phone call or appointment. Our office number is 404-842-7838.

For comments, questions and to update your information or remove yourself from our mailing list email us at info@sherylburke.com. We love to hear from you!

Random Acts Of Kindness Day!

There seems to be a special day for everything these days, but some of them are pretty cool, like Random Acts of Kindness Day that falls on Feb. 17th.

The Random Acts of Kindness Foundation is a nonprofit organization that created this day to make kindness a norm. The day was created to bring awareness to the impact kindness can have on people.

Kindness isn't a new concept, but we need to revisit it from time to time. It's so easy to be so caught up in our own worlds that we forget to be kind and compassionate to others. We are still in a pandemic, and aside from that, we are experiencing so many changes on small and large scales. Life as we knew it isn't coming back. So many people have been mentally, emotionally, physically, and financially affected by what is happening. The world needs kindness right now more than ever.

For Random Acts of Kindness Day, we challenge you to be kind. Do something nice for someone. Show some compassion. Lend a helping hand.

What if more people took the time to spread kindness? What if more of us simply asked others, how can I help? We encourage you to take time to reflect on how many random acts of kindness you can do this year.

Happy Random Acts of Kindness Day!

